

Homework Tracker

Directions: Over the course of the next week, you're going to track the time you spend actually doing homework—not just procrastinating—and see how your homework load stacks up.

MONDAY

Time started:

Time finished:

Breaks taken:

Total time on homework:

Any distractions?

Bedtime:

TUESDAY

Time started:

Time finished:

Breaks taken:

Total time on homework:

Any distractions?

Bedtime:

WEDNESDAY

Time started:

Time finished:

Breaks taken:

Total time on homework:

Any distractions?

Bedtime:

THURSDAY

Time started:

Time finished:

Breaks taken:

Total time on homework:

Any distractions?

Bedtime:

FRIDAY

Time started:

Time finished:

Breaks taken:

Total time on homework:

Any distractions?

Bedtime:

WEEKEND

Time started:

Time finished:

Breaks taken:

Total time on homework:

Any distractions?

Bedtime:
